

Call the American Ambulance Association **FOR BACKUP**

CISM & COUNSELING MATCH PROGRAMS



Critical Incident Stress Management

Through our partnership with Firefighter Behavioral Health Alliance, AAA Critical Incident Stress Management (CISM) provides onsite support for teams overcoming trauma and grief following a traumatic incident.

AAA understands EMS represents the best of humanity at the worst of times. Sometimes our people need help processing after a staff fatality, natural disaster, active shooter, traumatic accident, or other extremely stressful incident.

To return employees to healthy and productive functioning after a traumatic event, visit www.ambulance.org/cism for help. Complete our short request form, and a licensed counselor will arrive at your location within just a few days to provide clinically appropriate interventions. Our expert will guide employees and managers through their normal reactions to abnormal events.

Request a CISM session at www.ambulance.org/cism

Counselor Match for Medics

Do you have employees who would benefit from personalized mental health support to manage the stresses of work and home? Your EMTs, Paramedics, and Dispatchers can visit www.ambulance.org/supportformedics any time for a list of resources for coping with substance abuse and mental illness. Additionally, they can complete a brief request form to be matched with a licensed EMS-competent counselor in your area. The matching process is completed in partnership with the experts at the Firefighter Behavioral Health Alliance. The FFBHA will endeavor to match medics with counselors who accept their insurance, thus enhancing likelihood of the creation of sustained and productive relationship.

(Please note that AAA covers the cost of the matching process, but counseling co-pays are the responsibility of the patient.)

Learn more at www.ambulance.org/supportformedics